

# ***GIFTS OF THE HAND***

List all the practical skills that you have  
(ie. knitting, cooking, woodworking, computers, cleaning, lifting, singing,  
building, sorting, organizing, gardening, shovelling snow, listening etc.)



# ***GIFTS OF THE HEAD***

*List all the knowledge and information that you have  
(ie. Math, Science, English, History, recipes, maps, directions, bus routes, creative,  
formulas, grammar etc.)*



# ***GIFTS OF THE HEART***

*List all the feelings that you have  
(ie. Kind, compassionate, caring, nurturing, hospitable, passionate, charisma,  
intuitive, understanding, thoughtful etc.)*

